



First United Methodist Church, Loveland, CO  
January 25, 2026

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*Our mission: Loveland FUMC strives to bless and serve our local and world communities while living the teachings of Jesus Christ. We accept people as they are and strive to live in harmony with God and all of divine creation.*

#### **MISSION MEAL**

**THIS Sunday** is the **last day to pre-purchase tickets** for FUMC's first Missions Fundraising Meal, coming **Wednesday, January 28th**. (Pre-purchase (**required** for head count.) The delicious dinner of stuffed peppers, salad, garlic corn and potatoes will be served between 5:30pm and 6:00pm. The FUMC Missions/Social Concerns Committee hosts these as a way to bring people together and raise funds. 100% of money received will go into the Missions fund to be used to respond quickly to local, national or worldwide fundraising needs as they arise. Tickets are \$10 per adult and \$5 per child 10 & under. Purchase at the church in **Lobby Court**, or **sign up online** here by January 25th and pay at the door. **There is still a big need for some extra hands to help set up, serve, and clean up!** Please sign up to help when you make your reservation or contact Barry Wehrle at [barrywehrle@gmail.com](mailto:barrywehrle@gmail.com) or 732-754-2235.

#### **SALAD SUNDAY**

As a special treat, you are invited to enjoy a salad and fellowship this Sunday, compliments of our friend and "resident chef", Carl Williams. Simply swing by Heart Hub following worship to enjoy the goodness...no charge!

#### **SPECIAL MUSIC IN JANUARY**

Jan. 25 – Chancel Choir, Wind Trio (Flute, Clarinet, Bassoon) with Harp  
You won't want to miss the prelude & postlude this Sunday during worship. "*Quartet for Flute, Clarinet, Bassoon and Harp*" (1994) by Lior Navok will be featured. Lior Navok is an Israeli contemporary composer, conductor, and pianist born in Tel Aviv in 1971. He has a doctorate in music from the New England Conservatory of Music in Boston. In the United States his music has been featured at the Tanglewood Music Festival and performed at Carnegie Hall as well as in other countries. Dr. Navok's compositions are characterized by their emotional depth and innovative use of instrument timbres. Melanie Pepper, Joanne Scheihing, Susan Harding and Alaina Bongers have been working on this piece for over 2 months. It is lovely and difficult. We thank them for their time, effort and musical expertise to enhance our worship with this unique musical offering. A special thanks also goes to Melanie who found this music and had the vision to bring it to our congregation.

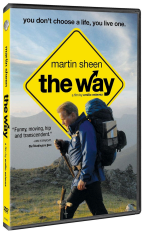
#### **TRUSCOTT POZOLE DINNER**

FUMC will again host Truscott Elementary's annual fundraiser, the Pozole Dinner, on **February 5th from 5:00-7:00pm**. This is a wonderful way to be in fellowship with Truscott families and others from the community. And, you will enjoy delicious homemade pozole and more for a small donation! We are looking for volunteers to help with this event. Contact Barry Wehrle at [barrywehrle@gmail.com](mailto:barrywehrle@gmail.com) or 732-754-2235 to volunteer, or just show up to help.

## OPPORTUNITIES FOR LENTEN DISCOVERY

Lent is a time to examine ourselves. It's a time to consider our life journey, the paths we're choosing, the pilgrimage that defines our lives. This year our Lenten experience will be centered on examining our hearts, our faith and our place in the world through pilgrimage. **You are invited to engage in pilgrimage through a variety of meaningful ways during Lent.**

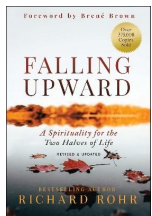
- In the Middle Ages, violence on the roads made it too risky for most people to make a physical, long distance pilgrimage and thus the practice of walking a labyrinth became a "stand in" for the pilgrimage to the holy lands. **Start your Lenten pilgrimage practices a bit early by learning some new spiritual practices.** Learn how to use a **labyrinth** and the methods of **centering prayer**, **lectio divina** (contemplative scripture reading) and **visio divina** (contemplation using art). Held **January 27<sup>th</sup>**, there are **two time options** for you to choose from: **2:00-4:00pm** in Heart Hub and **6:00-8:00pm** in Soul Shelter (formerly youth range) and Heart Hub. Contact Rev. Lee with questions at [lee@fumcloveland.com](mailto:lee@fumcloveland.com) or (970) 667-0876.
- The **Ash Wednesday service** will be held here at **FUMC** at **6:30pm** on **February 18<sup>th</sup>**. Come enter into the Lenten season at this reflective ecumenical service, which will include an imposition of ashes.



- Mark your calendars for a **movie night!** (Well, really a movie afternoon.) On **Sunday, February 22nd, at 2:45pm** we'll gather in Heart Hub to enjoy the moving, funny and inspirational movie, "The Way" (2010), starring Martin Sheen. The movie will kick off our Lenten experience, helping us remember how precious life is and how important it is to take time to think about our life journey. Popcorn and sodas will be provided. Feel free to bring a comfy chair or cushion or your own snacks.

**Parents, childcare will be provided!**

As this movie launches our Lenten time of reflection, you are encouraged to watch this movie on your own if you aren't able to attend in person at the church.



- Join Revs. Leslie, Lee and Bryson on a spiritual journey. Our **Lenten book study** will explore the **bestselling book by Fr. Richard Rohr, Falling Upward**. Fr. Rohr seeks to help readers come to terms with the two halves of life, teaching that we can't understand the meaning of "up" until we have fallen "down." More importantly, Rohr describes what "up" can look like in the second half of life.

Most of us tend to think of the second half of life in chronological terms, but this book proposes a different paradigm...spiritual maturity. Learn how we "grow spiritually much more by doing it wrong than by doing it right". Find practical guidance to live a life of love and meaning in a world of suffering and challenge. Falling Upward is an invitation to living the gospel and a call to ongoing transformation.

Classes will be **held at 11:30am** following worship **each Sunday, March 8<sup>th</sup> – 29<sup>th</sup> in Fellowship Hall**. Books are a bit pricier for this bestselling title at \$22 each. A sign-up sheet will be available this Sunday, January 25th at the Ask Me Desk. Don't let the price of the book scare you away. Interested in participating in the study but can't swing the full or partial price? Contact Pastor Leslie at [leslie@fumcloveland.com](mailto:leslie@fumcloveland.com). We've got you covered! Details for pick up and payment coming soon.

- **Custom Lenten devotionals** will arrive in your inbox each **Monday, Wednesday and Friday**, during Lent. We hope you enjoy brief moments of reflection. They will also be posted on Facebook. You're encouraged to like and share with your friends.
- Join us in worship for a six week **Lenten sermon series called "The Way"**. You don't have to travel far – or even leave your home – to discover more intentional times of contemplation and connection with God.

o In the comfort of your own space, engage in **virtual “Street Wisdom Walkshops”** during Lent. Making intentional journeys has been a ritual of humankind across time and traditions. **Dr. Marcia McFee will be hosting online “walkshops” each week of the Lent season.** Using Zoom, Dr. Marcia will guide us through a time of “wandering” in order to gain wisdom for our lives. Based on the philosophy and practice of an international organization called “Street Wisdom” created by David Pearl, these sessions can be done on your phone as you take a walk around your city or neighborhood, or on a computer as you “travel” the rooms of your home—whatever works! It is about opening our senses in a way that helps us reflect on our journeys and discern next steps. To learn more and register, click [HERE for Walkshops](#). This is a new sort of thing. Why not give it a try?

### **UPCOMING GROUP: UNDERSTANDING YOUR GRIEF**

**Join Pastor Lee and pastors and leaders from Zion Lutheran Church** for this valuable support group for grieverers that uses Dr. Alan Wolfelt’s book ***Understanding Your Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart***. Through reading, journaling, and group discussions, we’ll work together to understand the normal and necessary process of grief. The group meets at Zion Lutheran Church on Thursdays from 6:00-7:30pm, from February 12th-March 26th. Contact Pastor Lee with questions and to register at [lee@fumcleveland.com](mailto:lee@fumcleveland.com) or (970) 667-0876. **Please register by Sunday, February 8th.**

### **CIRCLE OF LIFE GROUP**

“I was bad so my parents got divorced...” “If I had been with her, the car wouldn’t have hit her...” These are some stories from Circle of Life. Circle of Life is a program that trains volunteers who provide support and resilience education for grieving children in the Thompson School District. Bev Goodier, M.A., from FUMC, and other community professionals provide training for volunteers from FUMC and Trinity Lutheran Church. School counselors identify students who have had a death, divorce or incarceration and provide a space for our groups to meet.

Mary Camp from TLC is our administrator who works with the schools to schedule the groups. Early intervention after a loss can help prevent a host of issues that can develop in people who receive no help after a loss. This is what motivates us to provide support for kids experiencing distressing events in their lives.

Please pray for these volunteers as they begin the new year with new groups, new kids and new stories.

### **SALVATION ARMY BELL RINGING TOTALS**

FUMC members raised \$3,145.17 for the Loveland Salvation Army through their bell ringing at Sam’s Club over 6 Saturdays in November and December. The total amount raised was \$113,566.72, exceeding their \$25,000 goal! Thank you to those who gave their time to help make this happen! For more information about FUMC’s impact over the holidays, see the January issue of The Insight.

### **VOLUNTEER OPPORTUNITIES**

- **MORE BUS DRIVERS ARE NEEDED** for Sunday mornings. Gary Small currently drives the bus to help some of our homebound members come to worship in person, and there is a need for additional drivers to help. You do not need to drive every Sunday. Contact Pastor Lee at [lee@fumcleveland.com](mailto:lee@fumcleveland.com) to help, or talk to Gary about what the job entails.



- **PURA VIDA**

**FUMC is a mission partner with Pura Vida.** Here are some upcoming ways to support this valuable organization!

- **Pura Vida Virtual Mission Trip....**Join the FUMC Mission Trip to Guatemala virtually. Our team will be traveling in February and you can be an important team member by signing up at the following link: [https://www.puravida.org/virtual-trip.html?trip\\_id=119](https://www.puravida.org/virtual-trip.html?trip_id=119). Joining as a virtual member helps cover construction costs and will provide you with exclusive access to photos and videos during our week of construction. If virtual membership isn't in the cards, any donation would be appreciated. Make donations at that same link or donate through FUMC with the memo "2026 Pura Vida Work Trip". Thank you for your support.

- **HABITAT FOR HUMANITY & FUMC**

**FUMC is a mission partner with Loveland Habitat for Humanity.** Here are some upcoming ways to support this valuable organization!

- **Become a ReStore Regular!**

Do you or someone you know love sorting and organizing? Our ReStore is overflowing with donations, and we're looking for regular volunteers to help us sort clothes and housewares, test electronics, and put things out onto our sales floor. Learn more at [lovelandhabitat.org/volunteer](http://lovelandhabitat.org/volunteer).

- **CALLING THOSE WHO CAN OPERATE A VOLUME BUTTON!**

Volunteers are needed to assist with running the soundboard during the Sunday morning service. Training is available and prior experience is not required. Volunteers would not be expected to work every Sunday. Please contact Ryan Millard at [av@fumcloveland.com](mailto:av@fumcloveland.com) to ask questions or volunteer.



**Mid & Senior High Youth Coordinator - Matthew Utley**

[youth@fumcloveland.com](mailto:youth@fumcloveland.com)

**Sunday 01/25:** Regular youth group 4:00pm - 6:00pm. **Movie night! Dinner & snacks provided.**

**Sunday 02/01:** Regular youth group 4:00pm - 6:00pm. Snacks provided

**Sunday 02/08:** **No youth group:** Superbowl Sunday

**Friday 02/13 - Monday 02-16:** **Ski Trip!**

**Sunday 02/15:** **No youth group:** Ski Trip

**Sunday 02/22:** **Church Movie Night!** 2:45pm - 5:15pm. The church will be showing *The Way* because it connects to the worship series we are doing for Lent. Snacks provided.

**Sunday 03/01:** Regular youth group 4:00 pm - 6:00 pm. Snacks provided

**Sunday 03/08:** Regular youth group 4:00 pm - 6:00 pm. Snacks provided

**Sunday 03/15:** **No youth group:** Spring Break



**Family Programming Coordinator - Desiree Aragon**  
[familycoordinator@tumc-loveland.org](mailto:familycoordinator@tumc-loveland.org)

## **SUNDAY SCHOOL NEWS**

FUMC Children's Ministry – Sunday School Lesson (01-25-2026)

This Sunday, in addition to our Sacred Circle time, we will explore Jesus in the Synagogue from Luke 4:14–30.

Through this Scripture, children will discover that Jesus came to bring God's hope and good news to everyone—not just a select few. We will also talk about Jesus' courage: how He spoke the truth in love and persevered even when it was difficult. To help reinforce the message in a hands-on way, the children will create their own "Good News" scroll—a reminder that God's love is for all people and that we, too, can share hope with the world.

**Attention Parents:** Buckhorn Camp. It is almost time to register kids for Camp Buckhorn! For more details reach out to Desiree Aragon at 308-520-8103.

**Parents:** Please note that there is a better way to sign in your kiddo(s) for Sunday school this year. You will find the scan code at the table with the balloons near the volunteer hub in Lobby Court along with the lead Sunday School teacher. Sunday School volunteers are vital for the success of children's ministries. You're invited to sign up for a date and time that works best for you. **Sign up** [HERE](#).



Altar Flowers are given today by Barbara Irelan in memory of John Irelan.

**Altar Flowers:** If you'd like to provide altar flowers for a worship service, details on how to sign up can be found at [www.fumcleveland.org](http://www.fumcleveland.org). Scroll down on the Worship tab.

## **PERSONALS**



### **Prayers:**

James Clegern's sister, Judy, passed away. Please remember the Clegern family, mother-in-law Carol, and nieces Olivia and Tisha in your prayers.



### **Birthdays: January 19th - 25th**

William Shulenberger/Aleman Julio Aleman  
Christian Williams  
Bill Boegli

Sally Allen  
Steve Farnham